

Lessons from nowhere

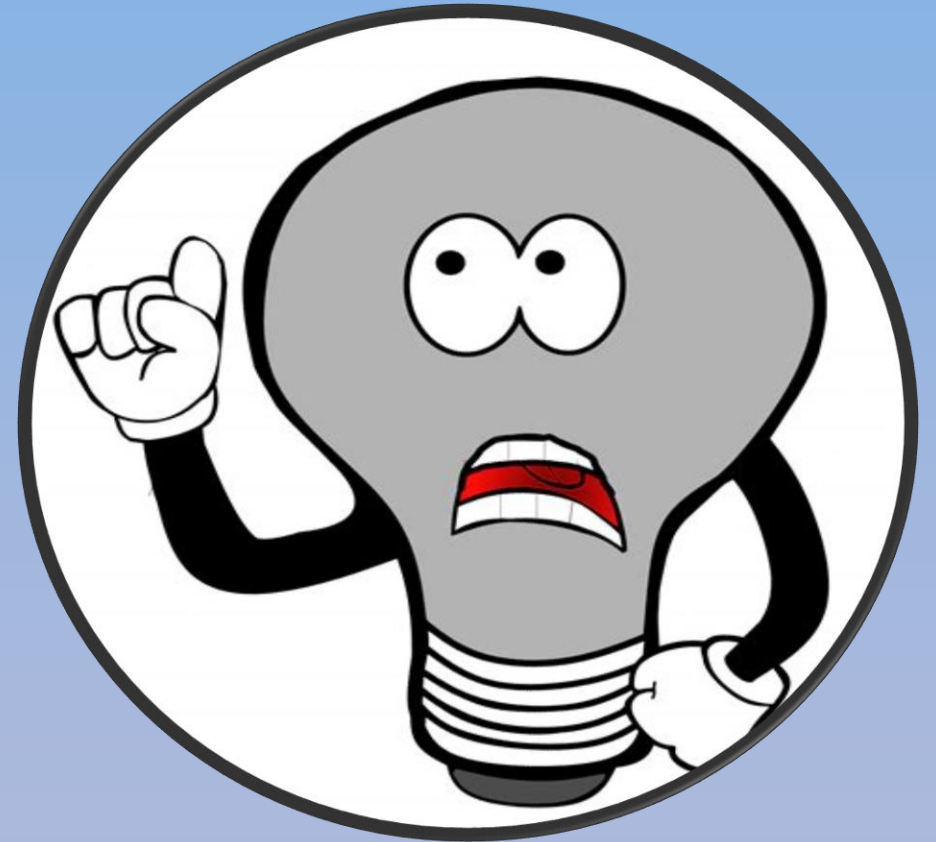
But surely from somewhere? Where is this *where*?



Let me out!

A hunch is creativity trying to tell you something.

Frank Capra (film director)





Creativity is like a cat (!?) chasing its tail.

we often go round and round in endless circles wanting to pounce on an idea. Sometimes the answer or solution is right before our eyes but we can't see it.

In order to find the solution, find the missing piece, solve the problem, we need to just look at something familiar in a new and different way.

(Leslie Wilson, The Second Principle)

Rollo May (author, existential psychologist and philosopher)

*Creativity is the process of bringing something new into being. Creativity requires **passion and commitment**. It brings to our awareness what was previously hidden and points to **new life**. The experience is one of heightened consciousness: **ecstasy**.*

H. H. Fox (scientist)

*Any thinking process in which **original** patterns are formed and expressed.*

E. Paul Torrance (educator, academic, creativity investigator)

Fluency, flexibility, originality, and sometimes elaboration.

Henry Miller (writer)

*The occurrence of a composition which is both new and **valuable**.*

Carl Rogers (psychologist)

*The emergence of a skill, to make or bring **novel**, relational product, growing out of the **uniqueness** of the individual...*

Mihaly Csikszentmihalyi (psychologist, academic, and writer)

Creativity is any act, idea, or product that changes an existing domain, or that transforms an existing domain into a new one... What counts is whether the novelty he or she produces is accepted for inclusion in the domain.



NEW

ORIGINAL

GENIUS

CONCEPT

SOLUTION

THINKING

POSITIVE

MIND

INCUBATION

FUN

BRAIN STORMING

INVENTION

IDEAS

INTELLIGENCE

ILLUMINATION

INNOVATION

ART

INSIGHT

CREATIVITY

Creativity is the ability to produce an idea (or a product) that is novel and has value

(Sternberg)



FLOW:

a mental state of operation in which a person doing an activity is fully immersed, a feeling of energized focus, full involvement and success in the process of the activity. *(Proposed by Mihaly Csikszentmihalyi, positive psychology)*



Sir Ken Robinson





**Optimism is the best
way to see life**

*creative thinking
involves imagining
familiar things in a
new light, digging
below the surface to
find previously
undetected patterns,
and finding
connections among
unrelated
phenomena.*

Roger von Oech





THERE'S A POEM FOR THAT

THE ROAD NOT TAKEN

ROBERT FROST

TEDEd



*I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.*

