

Henk Van Oort

Your Spiritual Journey

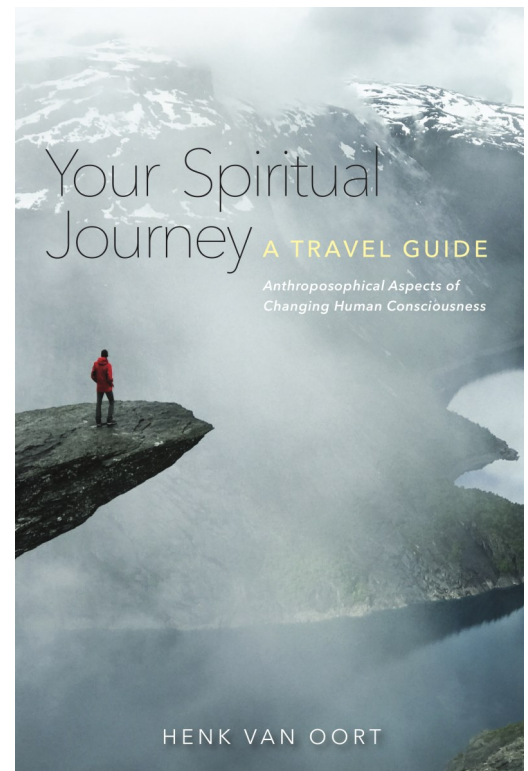
A Travel Guide

Anthroposophical Aspects of Changing Human Consciousness

In a series of short studies enlivened with colour illustrations, Henk van Oort takes the reader on a spiritual journey through a variety of topics relating to everyday experience. With chapters as diverse as 'The Human Will', 'Quantum Physics' and 'Good and Evil', the book's common theme is the dynamic nature of human consciousness.

This unique spiritual 'travel guide' opens up surprising new vistas to the ever-changing reality in which we live, helping us understand who we really are as human beings. The author demonstrates how our knowledge of the world is in a constant process of evolution. Tying together the disparate elements of the book is the inexhaustible spiritual source from which we receive inspiration and energy for life. Van Oort shows that our familiar material world finds its origins in the world of spirit. With a focus on Rudolf Steiner's insights supplemented with the work of many other thinkers, *Your Spiritual Journey* reveals new pathways to our life's earthly adventure.

HENK VAN OORT, born in 1943, trained as a primary teacher before taking a Masters degree in English at the Amsterdam University. He has taught for more than 40 years in primary and secondary education, including class teaching in a Steiner school, teaching English and running educational courses and seminars for teachers and parents. His interest in literature and poetry led to appearances at storytelling and poetry seminars, and his introductory courses to anthroposophy continue to be highly successful. Based in Bergen N.H. in the Netherlands, Henk van Oort is married and the father of three grown-up children. He is the author of *Anthroposophy, A Concise Introduction*, *A-Z Anthroposophy*, *The Inner Rainbow* and *Challenging Children*.



26 October 2020

RSP

ISBN: 978 1 85584 585 5

110pp
(coloured images throughout)

235 x 155 mm

Paperback

£14.99