

The 9 Principles of a Smart Person

A vibrant, painterly illustration of a landscape. In the foreground, a white silhouette of a person stands on a wooden plank bridge that spans a deep, yellow-orange chasm. The person is facing away from the viewer, looking towards a lush green field filled with colorful flowers. In the background, there are rolling green hills, a large evergreen tree, and a bright yellow sun setting or rising behind a mountain range under a blue sky with a few birds.

Learn & Lead

Jana Chynoradská

The 9 Principles of a Smart Person

Learn & Lead

Jana Chynoradská

Text: © Jana Chynoradská

Illustrations: © Ivana Tureková

Consultants: Alžbeta Chynoradská, Gabriela Lojová

Graphic design: Zuzi Maat

Translation: Jana Chynoradská

Editors: Vicki Plant, Linda Polkowski, Tom McGinty

ISBN 978-80-9197-300-0 ePub

ISBN 978-80-8197-301-7 mobi

ISBN 978-80-8197-299-7 pdf



Jana Chynoradská was born in 1973 in Trnava and since her studies at the Faculty of Education in Comenius University in Bratislava she has been involved in education and training. From 2000 to 2005 she was chairwoman of the Ladies Club whose

main activities were adult education, charity, and culture. She was also chairwoman of the Association of language schools in the Slovak republic. The role of a teacher has always meant for her more than merely an agent of simple formula. The true teacher must approach the transmission of knowledge not only with their brain but also with their heart. Her life mission is to help teachers grow so that the reputation of this career is redeemed. This led Jana to write “The 9 Principles of a Smart Person”. The book is a tribute to herself and to the vocation of teaching. Jana presents her attitudes and ideas also in her own language school Harmony Academy that has been active since 2000.

Harmony Academy is not only a school for people who want to learn a foreign language, but also a place where you can get some inspiration and encouragement. They specialize in adult education within their *Learn & Lead* Centre of Innovation. This is the result of wide

international cooperation that also gained support from the Slovak Academic Association for International Cooperation. The idea of an “*Inspiring Teacher Manager*” plays a crucial role in that. The course participants learn not only the communication in a foreign language interconnected with the knowledge of a specific professional area but also develop their personality for the needs of their successful life. Harmony Academy offers learner-centred approach and promotes the following motivational message: “Be the agent of your own life.”

<https://www.harmony.sk/>



Harmony
ty vlepšom ja

References

What I like overall about the 9 principles of *Learn & Lead* is their harmonization. I cannot say which principle is more important than the others. What is for me most important is the fact that it makes sense when they all are taken together. I thought about it a lot when I was at your training or whenever I read an article in Profit magazine. Each time I would look at them differently, depending on what I was going through in my life, and then I saw a particular principle in more detail. I particularly appreciate the fact that they go from courage to action and intuition, persistence and patience... so that it is a kind of a message for me – go forward, don't be afraid and listen to your intuition, look around yourself and don't expect that the desired outcome will come immediately, and even if it comes, you need to take care of it. I admire your energy that comes from your approach, you say often... I have done this or I felt this... that it is correct because I felt like the time had come to do it... that you trust your intuition and are not afraid to do what you consider to be the right thing to be done.

**Adriana Plassiard, Manager of the Growth programme,
National Business Centre in Trnava, Slovakia**

Believe in yourself and be courageous – these two principles, together with the others, urge a person to question oneself every day. This book is a reminder that our life is a precious gift and what we should be doing with it. This advice and these recommendations are well suited for everyone and are real benchmarks for managers and leaders of

today. This book is especially appropriate at this time when our society faces the Coronavirus crisis.

**Eric Demange,
Manager of the Welding shop, PSA Groupe, Zavar, Slovakia**

I dedicate this book to my beloved children Betka and Kubko, my loving husband Jaroslav, my dear family at home and at HARMONY and to everybody who has made a contribution, however small, to the rise of Learn & Lead.



Preface

How to begin? I am a human being. I am a person, a woman, a wife, a mother, a daughter, a sister, a sister-in-law, a friend, a former handball player but also a teacher, a manager, a legal representative, a project manager and also, a consultant. Since I can remember, in each of these roles, I have always been a student. I am constantly learning, and it brings me joy and happiness. Thanks to my ability to learn and develop I am proud to say that I am happy to be the person I am. I honour Jana who is writing these sentences. I appreciate her for her ever-lasting perseverance to follow her heart, for her ideas, tenacity, drive and her ability to adapt to various situations and listen to others. I thank her for what she has achieved and for re-finding trust in her abilities that she often did not know were in her. She has managed to carry along with her others who share her excitement of learning and developing themselves, their teams or organisations for a better and nicer life in this world.

As of today, I have had 27 years of pedagogical experience at home and abroad, 20 years of managing a language school in Slovakia and 10 years of initiating, managing and implementing international educational projects throughout Europe. I have gone through various developmental phases of myself and the school I set up from scratch. Over the last ten years I have been actively searching for the “dream

land” with my family, teams from Slovakia, the Czech Republic, France, England, Latvia, Malta or Italy. We have been looking for a future for language teachers/trainers who work in a language school. We have succeeded in creating a new functional school management system, developing a teacher/trainer’s career path and enabling teachers/trainers to become part of their school management. We have grown up and matured. Today we are happy that we are, and we send our learning experience to others.

In this little book I offer you the 9 principles of *Learn & Lead* that I have managed to put together recently. I offer them in the hope that they will help you in those difficult times when your self-confidence will be put to the test and you will have to decide how to carry on, with yourself, with your life, and with the life of your family or colleagues.

Jana Chynoradská

Principle 1.



**When there is something in your way, don't be afraid to
overcome it.**

Let yourself be visible when you feel it's right.

Be courageous.



Principle 2.



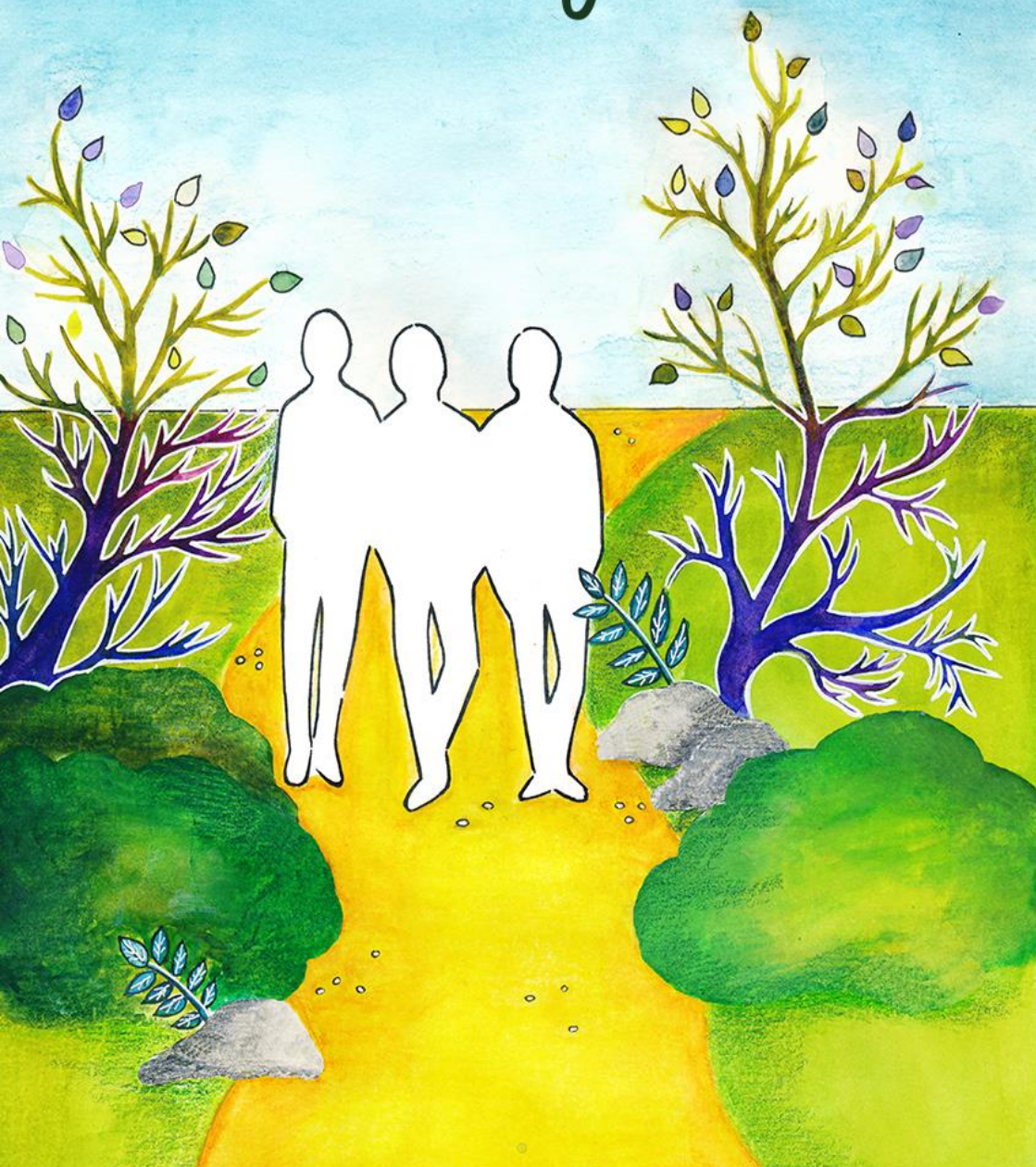
Don't hesitate.

*Enable yourself to take action as soon
as possible.*

Be proactive.



Principle 3.



**Your initiative could awake the interest of other
like-minded people.**

*A*llow others to be part of your journey.

Be a team player.



Principle 4.



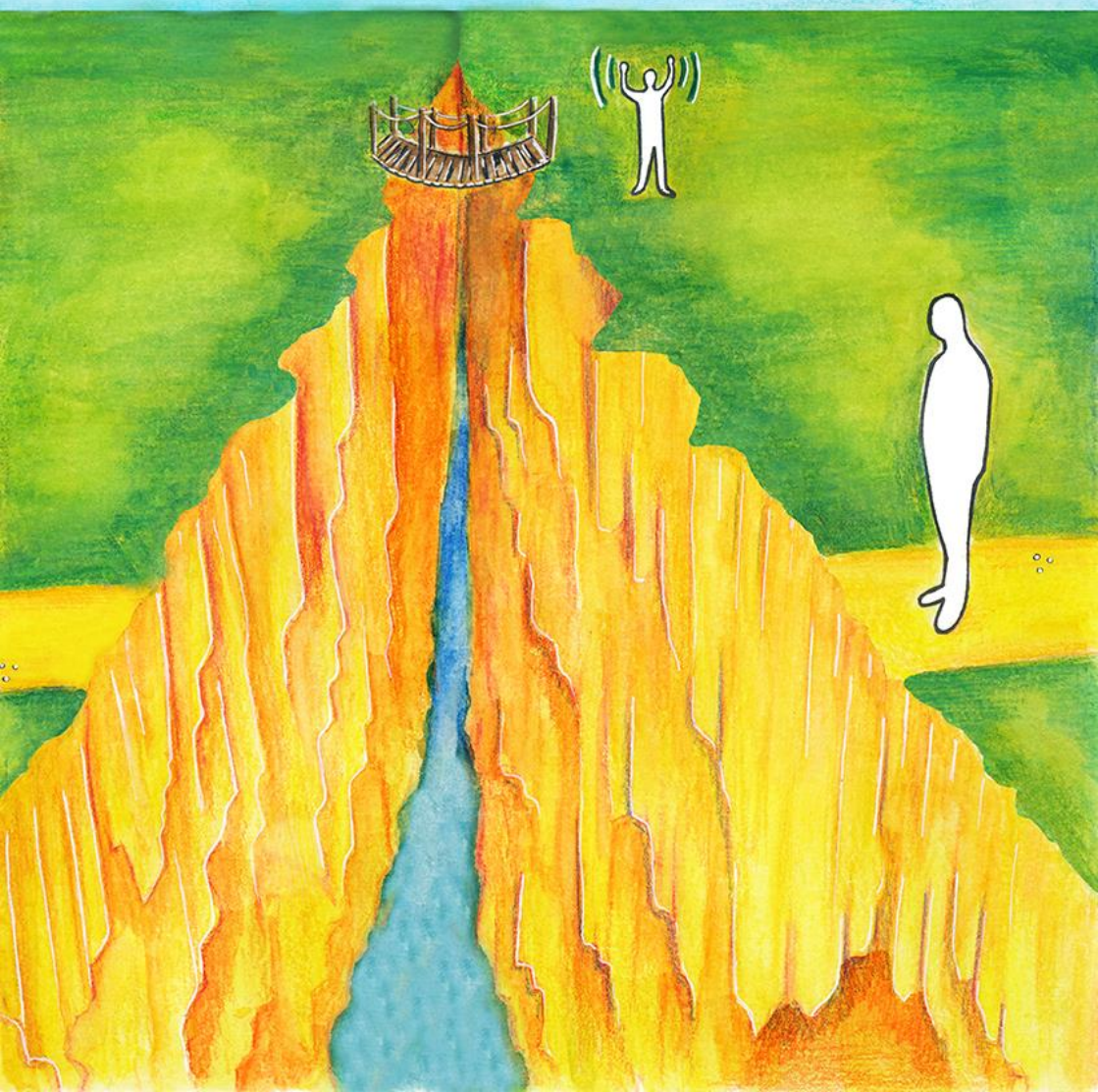
**Do listen to your heart in the labyrinth
of possible solutions.**

*R*emember, trust your intuition.

Be intuitive.



Principle 5.



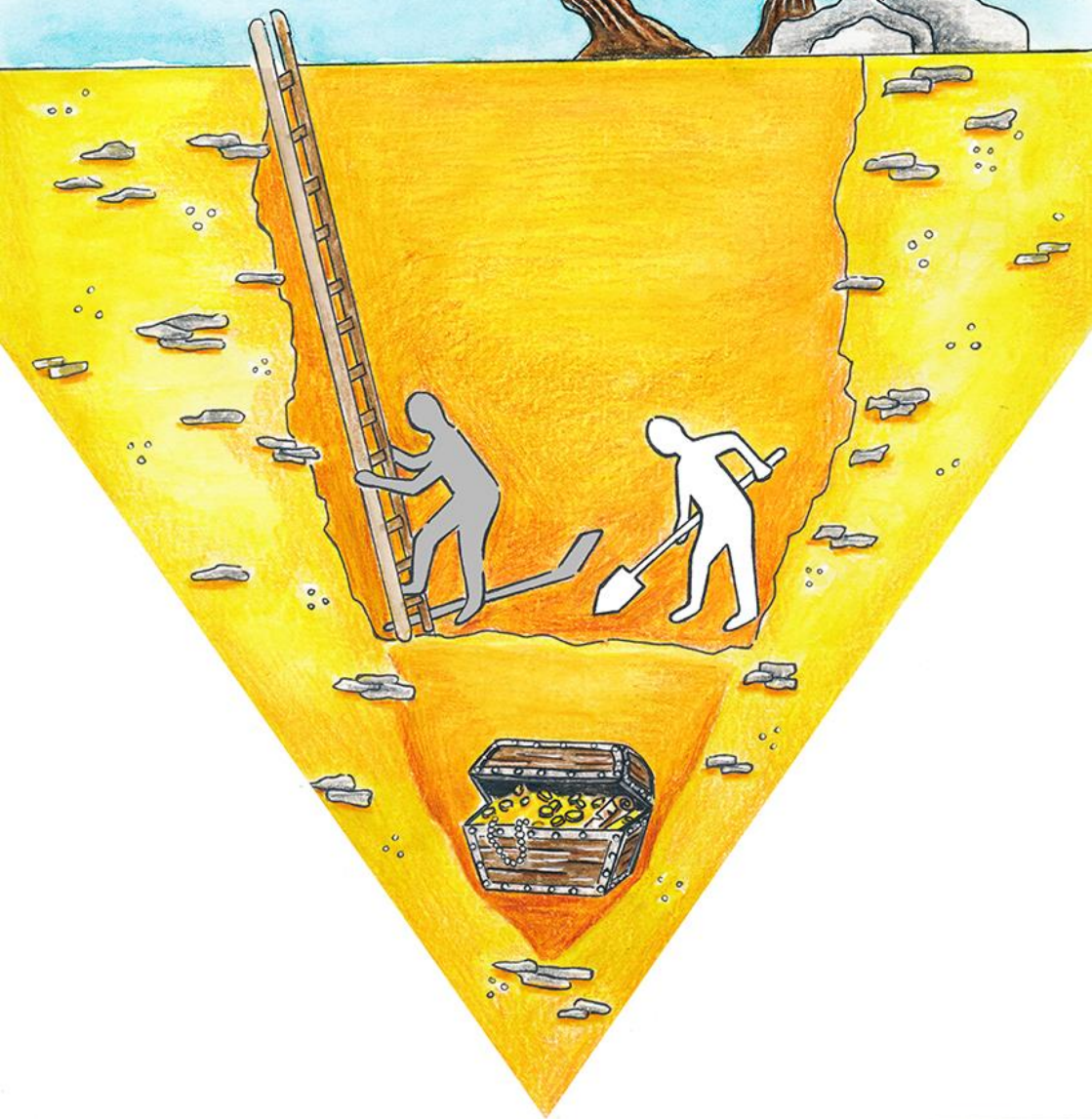
Probably not everything will go as you would like from the beginning.

No difficulties are insurmountable, slow down and listen.

Be open-minded.



Principle 6.



**When tempted to give up before the target destination,
just recall the reason why you started.**

*Let yourself create solutions when others give
up.*

Be persistent.



Principle 7.



**Your journey might be full of surprises thanks to which
you learn more about yourself,
others and the world.**

Ensure you allow time for learning.

Be patient.



Principle 8.



**Your life is a gift and your presence in this world
has got a purpose.**

*A*ppreciate every morning, simply be and
create.

Be thankful.



Principle 9.



**You have the right to love, experience joy and live
according to your own vision.**

***D**o remember, it's **YOUR** Life.*

Believe in yourself and act!



The 9 Principles of a Smart Person *Learn & Lead* *How to succeed in a rapidly changing world.*

When there is something in your way, don't be afraid to overcome it. **L**et yourself be visible when you feel it's right. **BE COURAGEOUS.** Don't hesitate. **E**nable yourself to take action as soon as possible. **BE PROACTIVE.** Your initiative could awake the interest of other like-minded people. **A**llow others to be part of your journey. **BE A TEAM PLAYER.** Do listen to your heart in the labyrinth of possible solutions. **R**emember, trust your intuition. **BE INTUITIVE.** Probably not everything will go as you would like from the beginning. **N**o difficulties are insurmountable, slow down and listen. **BE OPEN-MINDED.** When tempted to give up before the target destination, just recall the reason why you started. **L**et yourself create solutions when others give up. **BE PERSISTENT.** Your journey might be full of surprises thanks to which you learn more about yourself, others, and the world. **E**nsure you allow time for learning. **BE PATIENT.** Your life is a gift and your presence in this world has got a purpose. **A**ppreciate every morning, simply be and create. **BE THANKFUL.** You have the right to love, experience joy and live according to your vision. **D**o remember, it's YOUR LIFE. **BELIEVE IN YOURSELF AND ACT!**



Final words

I hope these ideas will leave an imprint on your thoughts and will shine like the beacon of a lighthouse to guide you to your destination. These principles will serve as a rope to guide you when you face a daunting abyss and will help to smooth your way in life.

It is worth following your heart. It is worth fighting for yourself and your dreams. It is worth being yourself and being aware of your circle of influence in this world.

Love,

Jana Chynoradská

Content

[Author](#)

[References](#)

[Dedication](#)

[Preface](#)

[Principle 1.](#)

[Principle 2.](#)

[Principle 3.](#)

[Principle 4.](#)

[Principle 5.](#)

[Principle 6.](#)

[Principle 7.](#)

[Principle 8.](#)

[Principle 9.](#)

[The 9 Principles of a Smart Person *Learn & Lead*](#)

[Final words](#)

The 9 Principles of a Smart Person *Learn & Lead*

Text: © Jana Chynoradská

Illustrations: © Ivana Tureková

Consultants: Alžbeta Chynoradská, Gabriela Lojová

Graphic design: Zuzi Maat

Translation: Jana Chynoradská

Editors: Vicki Plant, Linda Polkowski, Tom McGinty

Publisher: Elist s.r.o., 2020

www.elist.sk

<https://www.harmony.sk/>



Harmony
ty vlepšom ja